



ROTARY:  
MAKING A  
DIFFERENCE

# Rotary Club of Strathfield



## STRATHFIELD ROTARY BULLETIN

DISTRICT 9675

21st February-2018

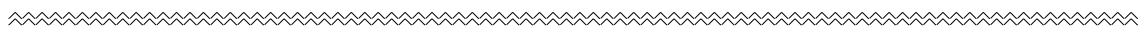
[www.strathfieldrotary.org.au](http://www.strathfieldrotary.org.au)

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<https://www.facebook.com/strathfieldrotary>

### *Rotary, United Nations and Australian Themes*

Year of 2018	-	International Year of the Reef (IYOR)
Month of Feb	Rotary	Peace and Conflict Prevention/Resolution Month
	Australia	Ovarian Cancer Awareness Month
	Australia	Don't Wait Until It's Too Late - Bowel Cancer Aust
Weeks of Feb		
4th - 10th Feb	Australia	Tube Feeding Awareness Week
25th Feb - 3rd Mar	Australia	Hearing Awareness Week
Days of Feb		
10th Feb	Rotary	Presidential Peacebuilding Conference (Vancouver)
11th Feb	United Nations	International Day of Women & Girls in Science
13th Feb	Australia	National Apology Day
13th Feb	United Nations	World Radio Day
16th Feb	Australia	National Multicultural Festival - Canberra
16th Feb	International	Chinese New Year (Year of the Dog)
17th Feb	Rotary	Presidential Peacebuilding Conference (Beirut)
20th Feb	United Nations	World Day of Social Justice
21st Feb	United Nations	International Mother Language Day
24th Feb	Rotary	Presidential Peacebuilding Conference (Coventry)
27th Feb	International	Business Clean Up Day



## *President's Report*

### **Last Couple of Weeks**

Well... we've had a couple of Wednesday's off recently, with the transfer to the Indian Cultural Night (discussed below), and Valentine's Day last week. I hope you took the opportunity to take your loved one

out for a nice meal on that evening! I may be checking in with some of you; I hope you didn't waste this opportunity.

### **Indian Cultural Night**

What a fabulous success this event was (finally, after our false start at

this, last year; we have now made amends). This evening was a true celebration of Indian culture, food, colour, music, dance and song. We had a full house (over 200), with some very special guests on the evening, including a 'surprise' appearance from the Mayor of Hornsby Shire Council, the Hon. Philip Ruddock! Many thanks to the Sinha family (Prabhat, Neena and Pallavi) for making the night a huge success. I know that Prabhat and Neena worked very hard on the overall program, with Prabhat coordinating the broader schedule of the event, sponsors and guests, whilst Neena focused specifically on the Cultural Program. Pallavi, of course did a wonderful job as our MC on the night, with much aplomb. There are many other people to thank, and I'm sure we'll get a summary from Prabhat tonight. Importantly, on the night we were able to donate \$10,000 to Australian Rotary Health, and \$2,000 to the Sri Om Care Foundation. So this was a very successful service event too.

### **February Board Meeting**

If you're reading this tonight, we will have had our February Board Meeting yesterday. I'll report on the highlights from the meeting tonight during the President's Report section.

### **Reminder – District Conference**

The District Conference is at Mudgee on 2-4 March 2018. I hope a few of you are able to join Christine and I up there; it will be fun! So again, there will be no Club Meeting on 28 February 2018, as we Transfer to the Conference for this meeting.

### **Make up Meeting in Auckland**

I've been in Auckland, NZ for a family friend's wedding. As luck would have it, one of the wedding guests is a current member of the Rotary Club of Downtown Auckland. As I write this, I'll be attending their meeting tomorrow morning (7:15am for 7:30am! I'm supposed to be here on a few days' holiday. At least I'll get a free breakfast). Anyway, once more I'll report briefly on my experience tonight.

### **Avoiding your Heart Attack – 7th March 2018**

Heart attacks are one of the biggest killers these days, and arguably the most avoidable. I know that lifestyle, diet and stress factors significantly affect the likelihood of having an attack. So let's avoid having one if we can. Come along and listen to this important talk and strike one of the things that might get us at the end, off our list.

### **This Week**

This week we refocus on our Youth Program, with 2018 RYLA students joining us for our meeting. I often say and believe that Youth Service is arguably our most important Area of Service, as we help prepare our youth as future service leaders, with programs such as RYLA, RYPEN, NYSF and recognition via the Youth Achievement Awards. I look forward to hearing stories of our RYLarians experiences at the Yarramundi camp, back in January.

*Rick*



## *Last week's meeting: John Treloar*

Our guest speaker at our first 2018 meeting on 31st January was John Treloar, whose father, also John Treloar, was a triple gold medalist at the 1950 British Empire Games.

“Our” John Treloar is CWO at the Rolling Fix, a mobile bicycle servicing company, a sort of NRMA for bikes. CWO apparently stands for “Chief Wisdom Officer” and John was accompanied by his son Thomas who is the more active of the team. Both arrived on E-Bikes.

Apart from providing a mobile maintenance & repair service for regular bicycles, The Rolling Fix are certified to service E-Bikes, which was the main topic of John’s enthusiasm.

John stressed the importance of purchasing high quality E-Bikes, preferably European. The bikes, which weigh about 25 kilos and cost \$4k to \$5k, were fitted with Bosch

power steering electric motors which produce about 250 watts and are governed to not exceed 25kph under power.

The battery takes about 2hrs to fully charge which is sufficient to travel about 60km, depending on the terrain (and whether the rider selects “turbo”)

Electric bikes are not intended for vigorous exercise, rather for general fitness and a means of personal transport, ideal to improve mobility & activity, ease of parking and to reduce traffic congestion.

Electric bikes, capable of carrying up to 60kg are being increasingly used by DHL Express for parcel delivery in the city.

A well attended, very enjoyable evening.

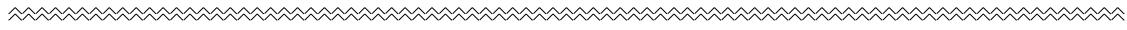
*Summary by David Croft*



## *This Week's speaker: RYLArrians*

Once of the many jewels in the Rotary crown are our youth programs in general, and our RYLA program in particular. Tonight we welcome three

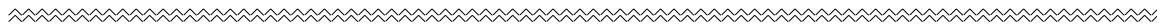
young people we recently sponsored to attend RYLA, Shival Salgaonkar, Sicong (Elain) Zheng and Vincent Chiem.



## *Next Week's event: No meeting*

In lieu of the District Conference in Mudgee from Friday 2nd March to Sunday 4th of March, there is no meeting next week. We next meet on

Wednesday 7th of March for the school debate between Santa Sabina and Meriden.



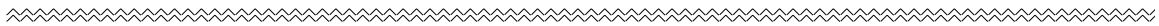
## *Dates for the Calendar*



<i>Rotary Events</i>			
<i>Day/Date</i>	<i>Event/speaker</i>	<i>To introduce</i>	<i>To thank + Speaker write-up</i>
Wed 21st Feb 2018	RYLA attendees + Shark night explained	Arie Pappas	Chris Virgona
Wed 28th Feb 2018	No meeting. Transfer to District Conference	-	-
2nd-4th March	District Conference Mudgee	-	-
Wed 7th Mar 2018	How to reduce your chances of your first, next or fatal heart attack <b>Alan Heighway</b>	Keith Byrn	Prabhat Sinha
Wed 14th Mar 2018	Debate: Santa Sabina vs Meriden	-	-
Wed 21st Mar 2018	Speech Pathology and rehabilitation <b>Elizabeth Kemp</b>	Charles Pitt	Anu Kamkolkar
Sat 24th Mar 2018	Rotary (WH) Emergency Services Community Awards	-	-
Wed 28th Mar 2018	Education to Alleviate Poverty in Uganda <b>Bev Young</b>	Roger Vince	Richard Horwood

<i>Birthdays</i>	
5 <sup>th</sup> February	Danielle Aravanis
7 <sup>th</sup> February	Prabhat Sinha
8 <sup>th</sup> February	Helen Hamilton-Kane
15 <sup>th</sup> February	Dinesh Garg
22 <sup>nd</sup> February	Anne Manenti
23 <sup>rd</sup> February	Rotary (1905)
23 <sup>rd</sup> February	Bradley Ayres
24 <sup>th</sup> February	Nick Hamilton-Kane
25 <sup>th</sup> February	Ross Brown

<i>Anniversaries</i>	
8 <sup>th</sup> February	Ray and Ann McCluskie (wedding)
17 <sup>th</sup> February	Edward and Kim Dunlop (wedding)
18 <sup>th</sup> February	George and Afaf Helou (wedding)
24 <sup>th</sup> February	Prabhat Sinha (Rotary)
25 <sup>th</sup> February	Edward Dunlop (Rotary)



## *Do You Know?*

Most Rotarians have never attended a Rotary District Conference. They have not experienced one of the most enjoyable and rewarding privileges of Rotary membership.

A district conference is for all club members and their spouses, not just for club officers and committee members. The purpose of a district conference is for fellowship, good fun, inspirational speakers and discussion of matters which make one's Rotary membership more meaningful. Every person who attends a district conference finds that being a Rotarian becomes even more rewarding because of the new experiences, insights and acquaintances developed at the conference. Those who attend a conference enjoy going back, year after year.

Every one of Rotary's more than 500 districts has a conference annually. These meetings are considered so important that the Rotary International president selects a knowledgeable Rotarian as his personal representative to attend and address each conference. The program always includes several outstanding entertainment features, interesting discussions and inspirational programs.

One of the unexpected benefits of attending a district conference is the opportunity to become better acquainted with members of one's own club in an informal setting. Lasting friendships grow from the fellowship hours at the district conference.

*David Croft*

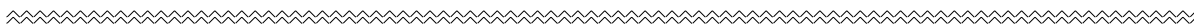
## *Fines Sessions Roster*

Continuing from the end of last year, Anuradha Kamkolkar, will continue with a roster for this important role.

Here is the list of names and dates for you to record. If you are unable to deliver the fine session on your designated night could you please organise a replacement and inform Anuradha.

21 <sup>st</sup> Feb	TBA
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7 <sup>th</sup> Mar	TBA
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## *The Statistics*

Attendance last week	?
Leave of absence	?
Apologies	?
No apology	?
Club membership	<b>40</b>
Partners & Guests	?
Members Rotary activities	Week ending 31-01-18: 20 [hours]
	Week ending 07-02-18: ? [hours]
	Week ending 14-02-18: ? [hours]

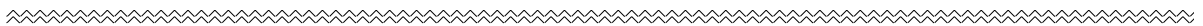
<i>Funds raised</i>	
Raffle	\$ not reported
Sergeants session	\$ not reported



## *Your Committee 2017-2018*

President	Rick Vosila	Secretary	Rod McDougall
President Elect	Charles Pitt	Sergeant	Anuradha Kamkolkar
Immediate Past President	Stephen Taylor	Treasurer	Charles Pitt
Youth	Arie Pappas	Community	Andrew Aravanis
International	Prabhat Sinha	Vocational	Paolo Giammarco
		Club Services	Bradley Ayres

Bulletin Editor	Bradley Ayres	Web master & Facebook	Raymond McCluskie
Bulletin Printer	Selectprint	Apologies	Gulian Vaccari



## *Out and About: Rtn Peter Douglas*

### **Thursday 15th February 2018**

The 15th of February was a milestone for one of our ex-members, who is currently a member of the Rotary Club of Narellan, Peter Douglas. Fondly remembered by our longer-term members, Peter was inducted on the 15th of February 1978 at a meeting at the RYLA camp at Bluegum Lodge in Springwood. Ever-faithful Roger Vince was Club Secretary at the time.

In Peter's words, "When Dee and I moved to Australia in 1976 I was an active Bridge player. As we were living in Strathfield I made contact with the local Bridge Club where incidentally Eric and Pauline Khu were prominent members.

In mid-1977 Eric spoke to me about Group Study Exchange in which the Rotary Club of Strathfield was active. He asked me whether I was interested and I said yes. After further investigation we found out that I was just outside the maximum age group to qualify so the matter unfortunately died. Then Eric further asked me if I was interested in becoming a Rotarian. I expressed interest as I had been active in New Zealand in the Jaycee movement so this was seen as a step forward. I attended meetings in the latter half of 1977 and my nomination for membership was accepted by the club.

I was inducted into membership at a meeting held at a RYLA meeting being conducted by Strathfield at the Blue Gum Lodge in the Blue Mountains on the 15<sup>th</sup> of February 1978. The President was Bob Taylor and the Secretary was Roger Vince. The guest speaker was Judge Adrian Curlewis who spoke on the Lifesaving movement. The rest is History!

Secretary Rod should have details of the various roles I have had within the Club including 3 terms as Secretary, 3 terms as Treasurer, various terms as a Board Member. I also served 1 term at District on the GSE Committee. Paul Harris Fellowship in John Elvy's year – and a subsequent Sapphire pin from my current membership at the Rotary Club of Narellan"



Peter Douglas with Janelle Watson and Arthur Crossan (30th April 2006)  
at the District Assembly held at Meriden



Raymond McCluskie, Bert Houston, Roger Vince and Peter Douglas sharing a drink at  
Rotary (23rd November 2005)





# INDIAN CULTURAL NIGHT 10.2.18





